



Join the challenge.
Join the fun!

Aetna Get Active Challenges

Up for a little friendly competition?

Aetna Get Active challenges are a great way to get moving, see your progress, and have a blast with your coworkers. Get a team together and step it up. Accept the challenge—we know you’ve got it in you.

When registration opens, sign in at **app.personifyhealth.com** and go to **Social > Challenges**, or scan the QR code to open in the app.



Postcard Perfect Trek

Registration opens: January 13, 2025

January 27–March 9, 2025

Been dreaming of peering over wild sea cliffs? What about exploring cobbled alleyways, and stopping to taste fine cuisine? If so, this is your adventure. Combining breathtaking natural scenery with historic cities, your route begins in the Northern United States, winds through Canada, and dips back to Seattle for the finish line. The more active you are, the more of North America you'll get to see!



Productivity Power Up

Registration opens: April 14, 2025

April 28–June 8, 2025

Do you sometimes have trouble focusing during work? Or find yourself cranking out long hours? Work productivity is important, and not just because it helps your workplace. It also generally corresponds to your mental wellbeing. In this challenge, rack up steps while learning tips on how to improve and feel better about how you work. Ready? It's time to power-up your productivity!



Time Machine

Registration opens: July 28, 2025

August 11–September 21, 2025

Ever wonder how we got here? How the human race got here, that is. How we went from hunters and gatherers in Africa to billions of people living on every continent? To find out, we'll need to do some traveling. But not to places. Instead, we'll need to travel through time. Just set the coordinates on the "Wayback Machine" to the dates provided, and we're on our way.



Explore the Mediterranean

Registration opens: October 20, 2025

November 3–December 14, 2025

The Mediterranean Sea has one of the most beautiful coastlines on the planet. And now's your chance to experience it virtually as you and a team of colleagues compete with teams across the company in a race through southern Europe!

